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Bento Lunches For Kids: 30 Cute And Fun Ideas Of Healthy But Tasteful Lunches For Preschoolers



Synopsis

Bento Lunches For Kids: 30 Cute And Fun Ideas Of Healthy But Tasteful Lunches For

Preschoolers If you are looking for some tips and suggestions on how and what kinds of healthy bento lunches you can prepare for your kids then you will find this book a helpful guiding tool to help you to get the results you are looking for in the kinds of bento lunches you will provide for your child. A bento meal is basically a meal that is packed in an efficient manner in a box. So as a parent you will want to provide your child with a healthy bento box that is visually appealing to your child and also at the same time healthy and nutritious. You can learn how to create healthy and nutritious bento meals for your child just by reading this easy to follow book that also offers you some great simple ideas for making bento box meals whether they are for school lunches, at home, or when you are on the go. I hope that you will enjoy learning these great ideas to make each time your child opens their bento box a happy experience for them. The bento box meals in this book are geared for your children will be great for grade school children up to the age of 10. I am sure that you will be impressed and delighted with the advice, tips and suggestions that are offered within the pages of this book. Download your E book "Bento Lunches For Kids: 30 Cute And Fun Ideas Of Healthy But Tasteful Lunches For Preschoolers" by scrolling up and clicking "Buy Now with 1-Click" button!

Book Information

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Customer Reviews

The book had some good ideas. I was hoping for more specific recipes or ideas. It was geared to young children.

I liked how the author incorporated ideas for bento meals for children of all types however I feel this was concentrated in so much explaining(explaining is not wrong) and not enough pictures or recipes. It would have been nice if the history of the traditional bento lunch and a typical traditional bento meal be included, that would have taken just one page. Overall I really honestly like the book.

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